

## Bio

Martha Cassandra St. Claire, M.A., (formerly, Cassandra Musgrave), is a gerontologist, counselor, educator, writer, angelic messenger, spiritual medium, energetic healer, and pet communicator. In addition, she is also a near-death experience speaker who has been globally active, since her last near-death experience, in 1974.

She offers individual sessions and group events that nourish and facilitate personal and planetary healing and transformation. Nation-wide, multi-cultural audiences, through various organizations, at bookstores, churches, centers, expos, and fairs have enjoyed Martha's down-to-earth, informative presentations.

Martha received her B.A. in Human Resources from George Fox University in Newburg, Oregon, and her M.A. in Gerontology from San Francisco State University. She has been trained for ministry through the Unity School of Religious Studies in Lee's Summit, Missouri, has practiced as a Reiki healer, has received her hospice volunteer certification through Legacy Hospital, in Portland, Oregon, and has been licensed for assisted living administration in California. She is particularly interested in healthy aging for seniors and end of life issues facing the elderly and those in final transition.

Martha aligns with divine love and wisdom within, through using intuition, gifts of the spirit, prayer, and ritual, to assist in healing others in their everyday lives. Under the direction of her Higher Divine Self, spirit guides, and angels, she offers inspired, practical guidance for the here and now, and also focuses on end of life, death, the after-life, and multi-dimensional realities. Her purpose is to awaken soul memory and divine consciousness within, vanquish any fear of death, and to work in community to accelerate and co-create Heaven on Earth.

She has served on the International Association for Near-Death Studies (IANDS) Board of Directors (2001-2003), working as the Friends of IANDS (FOI) International Chapter Coordinator. Her NDE research was published in (IANDS), The Journal of Near-Death Studies (Volume 15, No. 3, Spring, 1997).

Aspects of Martha's career, and her personal near-death experiences have been featured on Portland's AM Northwest, Portland's News Channel

8, Oregon's News Channel 12, Hard Copy, Ancient Prophecies III (NBC), The Discovery Channel, The Learning Channel, Life After Death (Vision TV, Canada), and on Austin's KJET radio. Written articles and reference sources for Martha's work include: Sioux Falls Argus Leader, Cats Magazine, Cosmopolitan Magazine, Esquire, Light of the Dawn Newsletter (Japan), The Uniguide Newsletter (FOUG), Lessons from the Light by Dr. Kenneth Ring & Evelyn Elsaesser Valarino, The Paranormal Sourcebook by Charles E. Sellier & Joseph Meier, What It Feels Like by A.J. Jacobs, and The Handbook of Near-Death Experiences: Thirty Years of Investigation by Janice Holden, Bruce Greyson, and Debbie James.

She has in-depth experience in shamanic ritual and practice, Tibetan Buddhist and Christian traditions, and with the genuine healing gifts of various Brazilian and Filipino psychic surgeons. She has enjoyed traveling to over twenty-four countries and is looking forward to more international adventure, especially where it's warm and sunny!